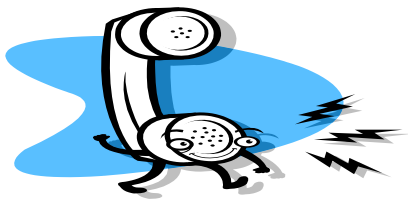




The Staff of East Mountain Apts wishes everyone a Happy Fourth of July!

Friendly Reminder

If you call the Rental Office during our regular business hours & get our voice mail, we are either on both lines or temporarily out of the office showing an apartment. Please leave a voice mail & we will return your call as soon as possible.



July 2010

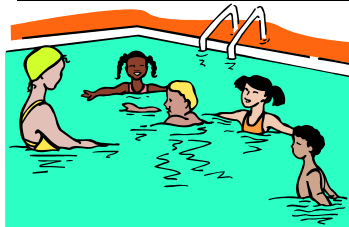
East Mountain Apartments

EMA Shuttle News

7/8 Shuttle will leave Comm. Bldg at 11am for Mohegan Sun. Depart Mohegan Sun for EMA at 1pm. Reserve your seat by 7/6.

7/22 Shuttle will leave Comm. Bldg at 11am for the Farmer's Market. Depart Famer's Market at 1pm for EMA. Reserve your seat by 7/20.

As a reminder every Tuesday at 9am the Shuttle goes to Shield's Market for grocery shopping. If you have a suggestion on a shuttle trip please let us know at the Rental Office.



Swim Club News

If you haven't picked up your pool passes & rules yet please stop by the Rental Office during our regular business hours to do so.

Please show the lifeguard your pool pass & direct your guests to hand in their guest passes as soon as you enter the pool area. The main function of the lifeguard is to watch the swimmers in the pool. Please give them the respect of presenting your passes to them each & every time you come to the pool. Your cooperation with following the pool rules is greatly appreciated!

Swim club is open 12pm-8pm daily , weather permitting. Our goal is to keep the pool open through the Labor Day weekend. However, because of the limited availability of certified lifeguards heading back to school earlier we may not be able to operate every day at the close of the season & when we do, to maintain regular hours. Any changes in pool hours will be posted at the pool.

Thoughts

"Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending." Carl Bard

Website: www.EastMountainApt.com
 Email: EMA@TheManorGroup.com

Pizza Poolside

Come & join us for a pizza party on Friday, July 16th.

The party begins at 6:30pm.

Please RSVP by 7/13/10 to let us know you are coming.



Don't forget Yoga class is held every Tuesday at 6:30pm in the Community Bldg. It is free for residents.

Maintenance Reminder

If you are experiencing any abnormal problems with air conditioning, appliances, water, heat, and/or toilets please call for a service call immediately. Prompt attention now to a minor issue can avoid a major issue later.

East Mountain Inn News

Have you tired Wildflower's new Summer Dinner Menu?

Try the Summer Brie topped with cranberries, pecans, & brown sugar served with sliced apples, grilled grapes, & Panini bread – a great way to start your meal. Another new choice to the Little Plate menu is the Angel Hair Labella. Tender pasta nestled with a slow roasted plum tomato, red pepper, & balsamic sauce. For dinner how about the new Statler Chicken. Honey & fine herb roasted chicken complimented with a pink lady apple marmalade.